

Visions of Health

What your eyes reveal about your health

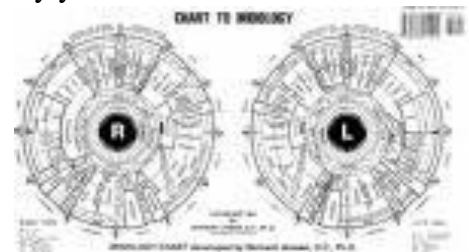
WHAT IS IRIDOLOGY?

Iridology is the study of the iris of the eye including its texture and its color. It is a gentle, noninvasive way to identifying inherited strengths and deficiencies in the body. Through iris analysis, areas of the body that lack the vitality to resist illness can be determined and supported through good nutrition and other natural health options. Iridology also can show genetic predispositions, which is especially valuable for children and young adults and can help older adults understand developing health patterns in their bodies. Iridology is used by natural health practitioners as an important tool to discern potential structural and functional imbalances within the body and help clients determine an appropriate plan to help their bodies “be all they can be”.

Iridology has been studied, in some form for centuries. Several health practitioners in this century have done extensive research and clinical observation to bring the study of iridology to what it is today.

HOW DOES IT WORK?

The complex iris is composed of hundreds of thousands of nerve endings which are connected by impulses to every tissue of the body through the brain and nervous system. The nerve fibers, or trabecula, have been found to respond specifically to tissue and organ conditions with a corresponding physiological reflex manifested in the iris as “lesions” and color variations. The iris chart, which is the result of many years of clinical observation and intensive research by Dr. Bernard Jensen and others, represents the basic placement of body organs and tissues similar to a map. An accurate iris analysis is possible by superimposing the chart over an iris image projection, allowing detailed observation of the valuable and reliable data recorded there.



WHAT WILL IT SHOW?

A complete iris analysis will show whether a person exhibits a generally good constitution or a poor one, depending upon the density of the iris fibers. The patterns, structures, colors and degrees of lightness and darkness in the iris tell if an area of the body is inherently strong or weak. It also reveals the relative site of over-activity, over-acidity, irritation, injury or degeneration of the tissues and organs. Toxic accumulation levels can be observed as well as nutritional and chemical imbalances.

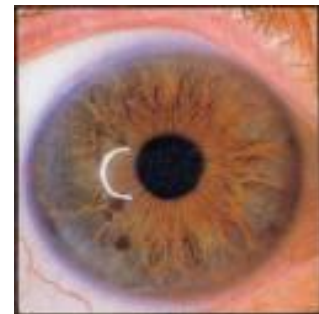
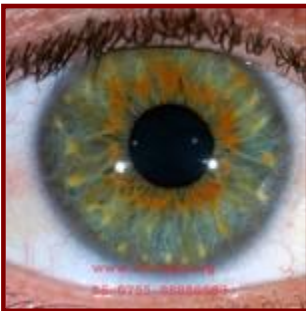
WHAT WILL IT NOT SHOW?

Iridology will not show or name a specific disease but provides information about the body tissues which indicate tendencies toward conditions of "dis-ease", often before symptoms appear. Iridology will not reveal surgery performed under anesthesia as nerve impulses are discontinued. Iridology cannot locate parasites, gallstones, or germ life, but will indicate the presence of inflammation and toxic conditions which are a refuge for their development. It will not show pregnancy, as that is a normal function of the female body.

HOW CAN IT HELP ME?

Iridology is potentially an integral part of preventive health care. It has the ability to indicate approaching difficulties or signs of "dis-ease". Iridology can be a powerful tool, allowing one to read what is transpiring inside the body from a simple, painless, and economical external vantage point. In effect, iridology will reveal how well your body functions. Improper nutrition and lack of exercise undermines the body's integrity until eventually it becomes unable to reverse damaging toxic conditions through its own natural self-healing mechanisms, becoming susceptible to ailments of a chronic nature. Therefore, nutrition and iridology are inseparable in one's pursuit of a healthy way of life and holistic health care program. Iridology helps us understand our weakness so we may strengthen and cleanse our bodies to obtain our maximum health potential. It brings to us an awareness of how to prevent illness, thus allowing us to earn our most precious earthly treasure--vibrant physical, mental and spiritual health!

In contrast, "modern medicine" rarely acts preventively. Typically, until you actually have a namable disease you are in the dark about your health and the direction it is going. Iridology helps you to discover potential strengths and weaknesses which give the proactive individual an opportunity to change the natural course of physical health.



Disclaimer We do not directly dispense medical advice or prescribe the use of herbs or supplements as a form of treatment for illness. The information provided by the Mustard Seed Herbarry or any of it's affiliates in this website and in consultations, is for educational purposes only, to empower people with knowledge to take care of their own health. We disclaim any liability if the reader uses or prescribes any remedies, natural or otherwise, for him/herself or another. Historically all herbs & vitamin supplements may nutritionally support the body's biological systems. Please consult a licensed health professional for medical advice for any disease, symptom or medical condition.